

Debbie's Story

This is a true story about secondhand smoke and an actual Missouri Resident named Debbie.

Soon after Debbie started her new job in a restaurant that allowed smoking, she developed migraine headaches and always seemed to have a sinus infection. Debbie knew from the beginning that secondhand smoke was affecting her, but Debbie had children to feed and didn't see any other options.

According to the Surgeon General's report, Non-smokers exposed to secondhand smoke have an increased lung cancer risk of 20-30 % and a 25 %-30% increased risk of heart disease. It's a shame that Debbie should have to quit her job to protect her health?

95.4% of Columbians believe all workers have a right to clean indoor air at work.

Debbie's Story is why hundreds of communities across this nation and 14 entire states now require smoke-free workplaces. Like more information?

Call the Smoke-free Air For Everyone coalition at 573-529-9704. They'll even be happy to send you a smoke-free restaurant dining guide. That's 573-529-9704.

TAG: Paid for by the Missouri Foundation for Health and Campus-Community Alliance for Smoke-free Environments, www.mocase.com

Secondhand smoke... it's time we got sick of it instead of from it.